Website Bio

Debbie Barr is an author, health educator, and speaker with a passion for encouraging people to engage deeply with God as they journey through tough times. She earned her bachelor's degree in journalism from the Pennsylvania State University and her master's degree in health education from East Carolina University. A master certified health education specialist (MCHES®), Debbie is especially interested in health and wellness, health literacy, caregiver wellness, and Christian growth. She lives in Bermuda Run, North Carolina. She is the author/coauthor of 10 books.